

# Mana Lomi® Workshops

## Mana Lomi® Level 1: Clinical Techniques August 25 - 28, 2021 December 1 - 4, 2021

Mana Lomi® describes a concept that involves the movement of energy. The Mana Lomi technique is based on Hawaiian concepts of working with the "mana" of the body, mind, and soul of an individual. Four full days of instruction. Topics covered include clinical procedures of Mana Lomi® as well as history, simple meditation practices, ho`oponopono and Hawaiian healing chants. Open to all who wish to learn!

### Tuition:

\$650 includes 34 units of continuing education, Cat. A (NCBTMB) upon completion.



## Mana Lomi® Level 2: Advanced Techniques September 22 - 22, 2021 December 8 -11, 2021

Four full days of advanced Mana Lomi® techniques including hot towel therapy, specific protocol for entire body, and Hawaiian spiritual philosophies. Other topics covered include the golgitendon organ (GTO), muscle spindle fibers, and pain receptors, compression/traction techniques and effectiveness, palpation skills emphasized for sensitivity, problem solving skills, Hawaiian chants, body positioning, SI joint protocol and more. Mana Lomi® Level 1 required.

### Tuition:

\$650 includes 34 units of continuing education, Cat. A (NCBTMB) upon completion.



### Carol Hart, Instructor

Certified Lomi® Instructor & Founder of Aloha Lomi Massage Academy, Kauai, Hawaii.

License: MAT6285

A minimum of 6 participants is required for each class.

*Mana Lomi® is a Registered Trademark*



### For More Information:

Call Carol Hart (808) 652-5691 | Email: [carol@alohalomiacademy.com](mailto:carol@alohalomiacademy.com) | [www.HartfeltKauai.com](http://www.HartfeltKauai.com)

### To Reserve Your Space:

Send \$150 non-refundable deposit to Carol Hart for each class. Full tuition due four weeks prior to class.

### Workshop Location:

St. Michael's Church, Lihue, Kauai - Call for more location details