

Mana Lomi® Workshops

Camp Sloggett Retreat - Kokee, Kauai, Hawaii

Mana Lomi® Level 1: Clinical Techniques

Mana Lomi® describes a concept that involves the movement of energy. The Mana Lomi technique is based on Hawaiian concepts of working with the "mana" of the body, mind, and soul of an individual. Four full days of instruction. Topics covered include clinical procedures of Mana Lomi® as well as history, simple meditation practices, ho`oponopono and Hawaiian healing chants. Open to all who wish to learn!

October 16-21, 2022

Camp Sloggett Retreat Kokee, Kauai

Mana Lomi® is a Registered Trademark



Mana Lomi® Level 2: Advanced Techniques

Four full days of advanced Mana Lomi® techniques including hot towel therapy, specific protocol for entire body, and Hawaiian spiritual philosophies. Other topics covered include the golgitendon organ (GTO), muscle pindle fibers, and pain receptors, compression -traction techniques and effectiveness, palpation skills emphasized for sensitivity, problem solving skills, Hawaiian chants, body positioning, SI joint protocol and more. Mana Lomi® Level 1 required.

October 23-28, 2022

Camp Sloggett Retreat Kokee, Kauai

Join me for this amazing opportunity to learn Mana Lomi® Levels 1 and 2 in the beautiful mountain forest retreat setting of Camp Sloggett, located in Koke'e State Park on the Island of Kaua'i.

For more information visit: <https://hartfeltkauai.com/camp-sloggett>



Carol Hart, Instructor

Certified Lomi® Instructor License: MAT6285 | MT0024700
Founder of Aloha Lomi Massage Academy, Kauai, Hawaii
Call (808) 652-5691 | Email: carol@hartfeltkauai.com

To Reserve Your Space:

Visit [HartfeltKauai.com](https://hartfeltkauai.com) to register and pay \$150 non-refundable deposit
Full tuition due four weeks prior to class. Minimum of 6 participants is required for each class. \$650 includes 34 units of continuing education, Cat. A (NCBTMB) upon completion.

