

Mana Lomi® Workshops

Mana Lomi® is a Registered Trademark

Mana Lomi® Level 1: Clinical Techniques

The Mana Lomi® technique is based on Hawaiian concepts of working with the "mana" (energy) of an individual. Four full days of instruction covering clinical procedures, history, simple meditation practices, ho'oponopono and Hawaiian healing chants. Open to all who wish to learn!



Mana Lomi® Level 2: Advanced Techniques

Four full days of advanced Mana Lomi® techniques including hot towel therapy, Hawaiian spiritual philosophies, the golgитendon organ (GTO), muscle spindle fibers, pain receptors, compression/traction techniques, palpation skills, problem solving skills, body positioning & SI joint protocol. Mana Lomi® Level 1 required.

Colorado School for Healing Arts, Lakewood
May 13 - 16, 2022

Colorado School for Healing Arts, Lakewood
August 19 - 22, 2022

Kauai, Hawaii
June 21 - 24, 2022 (Kapaa)
October 17 - 20, 2022 Camp Sloggett Retreat, Kokee**

Kauai, Hawaii
Camp Sloggett Retreat, Kokee**
October 23 - 28, 2022

Albuquerque School of Healing Arts
July 28 - 31, 2022

Albuquerque School of Healing Arts
(Dates TBA)

Bodymechanics School, Santa Fe NM
August 8 - 11, 2022

Boulder Massage Therapy Institute
(Dates TBA)

Boulder Massage Therapy Institute
August 29 - September 1, 2022

**Additional fees for lodging and meals
for Camp Sloggett Retreat workshops.



Carol Hart, Instructor

Certified Lomi® Instructor License: MAT6285 | MT0024700
Founder of Aloha Lomi Massage Academy, Kauai, Hawaii
Call (808) 652-5691 | Email: carol@hartfeltkauai.com

To Reserve Your Space:

Visit HartfeltKauai.com to register and pay \$150 non-refundable deposit
Full tuition due four weeks prior to class. Minimum of 6 participants is
required for each class. \$650 includes 34 units of continuing education,
Cat. A (NCBTMB) upon completion.

