

# Mana Lomi® Workshops

Mana Lomi® is a Registered Trademark

## Mana Lomi® Level 1: Clinical Techniques

The Mana Lomi® technique is based on Hawaiian concepts of working with the "mana" (energy) of an individual. Four full days of instruction covering clinical procedures, history, simple meditation practices, ho'oponopono and Hawaiian healing chants. Open to all who wish to learn!



**FREE Mana Lomi Introductory Class**  
**September 26, 2022**  
Academy of Natural Therapy  
Greeley, Colorado

**Tuition: \$650**

**Kaua`i, Hawaii**  
**October 16 - 21, 2022**  
Camp Sloggett Retreat, Kokee\*\*

\*\*Additional fees for lodging/meals

Academy of Natural Therapy  
Greeley, Colorado  
November 14 - 17, 2022

Colorado School for Healing Arts  
December 2-5, 2022

## Mana Lomi® Level 2: Advanced Techniques

Four full days of advanced Mana Lomi® techniques including hot towel therapy, Hawaiian spiritual philosophies, the golgитendon organ (GTO), muscle spindle fibers, pain receptors, compression/traction techniques, palpation skills, problem solving skills, body positioning & SI joint protocol. Mana Lomi® Level 1 required.

Colorado School for Healing Arts, Lakewood  
Postponed

Kapa`a, Kauai, Hawaii  
October 25 - 28, 2022

Albuquerque School of Healing Arts  
(Dates TBA)

Boulder Massage Therapy Institute  
(Dates TBA)

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## Carol Hart, Instructor

Certified Lomi® Instructor License: MAT6285 | MT0024700  
Founder of Aloha Lomi Massage Academy, Kauai, Hawaii  
Call (808) 652-5691 | Email: carol@hartfeltkauai.com

## To Reserve Your Space:

Visit HartfeltKauai.com to register and pay \$150 non-refundable deposit  
Full tuition due four weeks prior to class. Minimum of 6 participants is required for each class. \$650 includes 34 units of continuing education, Cat. A (NCBTMB) upon completion.

